

Patient History Sheet

It is necessary to have some background information about your medical history as part of the assessment procedure. Please answer as many of the following as you can while you are waiting to see the doctor.

SURNAME

INITIALS

CALLED [the name you prefer to be called]

DATE OF BIRTH AGE SEX Male / Female

NATURE OF PROBLEM

DURATION OF PROBLEM Days / Weeks / Months / Years

NAME & ADDRESS OF YOUR GP

.....
.....
.....

OPERATIONS [with year or age at surgery]

MEDICAL PROBLEMS [with year or age at diagnosis]

e.g.:..... TONSILLECTOMY AGE 9

e.g.:..... ANGINA 1990

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DO YOU HAVE ANY OF THE FOLLOWING ? [please circle the relevant conditions]

Asthma / Diabetes / Epilepsy / High Blood Pressure / Heart Disease / Disease of the Heart Valves / Pacemaker

DO YOU TAKE ANY DRUGS ?

..... HAVE ANY ALLERGIES ?

FAMILY HISTORY

eg ASPIRIN 75mg every morning

eg FATHER Heart Attack age 65

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..... ANY DRUG SENSITIVITIES ?

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NON-SMOKER

ALCOHOL [upw = units per week; 1 unit = ½ a pint]

EX-SMOKER [years stopped]

Nil / Minimal / Moderate {14 upw ♀; 21 upw ♂}

SMOKER [cigarettes per day]

Other upw

OCCUPATION

STATUS Single / Co-habiting

OCCUPATION OF SPOUSE

Married / Separated / Widowed

CHILDREN [first names and ages]

Please hand this directly to the clinic doctor at your first consultation. **Thank you.**