



12th EUROPEAN CONGRESS OF INTEGRATIVE MEDICINE

Together in integrative medicine

II National Congress of Health and Integrative Medicine

1st International Education and Integrative Health Symposium (Tarragona)



TARRAGONA - 12 September 2019
BARCELONA - 13-15 September 2019



Sociedad Española
de Salud y
Medicina Integrativa.



European Congress
of Integrative Medicine

12th European Congress of Integrative Medicine

We are proud to announce that SESMI (Spanish Society of Health and Integrative Medicine) and ESIM (European Society of Integrative Medicine) are organizing the 12th Congress of Integrative Medicine which will be celebrated in Barcelona next 13 -15 September 2019.

The influence of Integrative Medicine is increasing all over the world, with health professionals and patients looking for an overall wellness. This allows an array of disciplines, including environmental, social, psychological and emotional to work together.

In our congress We will approach the main areas of interest in Integrative Medicine.

See you in Barcelona to share the knowledge and the enthusiasm of our Integrative Medicine!

Call for abstracts and registration

From 5 February to 25 May.

Web: ecim2019-barcelona.sesmi.es

Mail: ecim2019@activacongresos.com



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COLLABORATE



Colaboración musical: Jacomina Kistemaker Centro Punta de Coiso

Main topics

1. Research
2. Clinical care
3. Education
4. Integrative medicine and traditional medical systems
5. Biologic practice
6. Complementary and integrative health
7. Various topics

Committees

Congress presidents

Honorary Chairman, **Prof. Stefan N. Willich**, Berlin (DE).

Dr. Isabel Giralt, Vice president SESMI, Acupuncture and Natural Medicine Clinic ENERGIMED. Health Acupuncture Unit, Women's University Clinic Dexeus, Barcelona (SP)

Prof. Benno Brinkhaus, Charité-Universitätsmedizin, Berlin (DE)

Dr. Alejandra Menasa, Medical internist, Hospital Doce de Octubre. Department of Internal Medicine CMI (Integrative Medicine Clinic), Madrid (SP)

Prof. Neus Esmel, Faculty of nursing, URV. Centro Esmel Terapias, Tarragona (SP)

International scientific committee

Prof. Benno Brinkhaus, Charité – Universitätsmedizin Berlin (DE)

Prof. Andrew Weil, Center for Integrative Medicine, University of Minnesota, MN (US)

Prof. Arturo O'Byrne, Integrative Medicien, Universidad Javeriana, Cali (CO)

Prof. Mary Jo Kreitzer, University of Minnesota, Health Center Academic, Minneapolis, MN (US)

Dr. Elio Rossil, Tuscany Network for Integrative Medicine (IT)

Prof. Harsha Gramminger, M.B. European Ayurveda association. Founder of ayurveda made in Europe, Colonia (DE)

Prof. Pol De Saedeleer, Chairman of the European ILADS Committee (BG)

Prof. M. Cummings, Medical Director of the British Medical Acupuncture Society (BMAS), (UK)

Prof. Phillippe Villeneuve, Université de Bourgogne (FR)

Dr. Kiyoshi Suzuki, Vice-President of the Japanese Society of Integrative Medicine. Head of the Tokyo clinic Ryo-In and President of the MOA Health Science Foundation.

Prof. Avni Sali AM, Director of the National Institute of Integrative Medicine (NIIM). President (MICI), Melbourne (UA)

Program committees

Research

Prof. Pere Gascón, President, Medical Oncology Service of the Hospital Clínic, Laboratory of Molecular Oncology and Translational of the University of Barcelona, Barcelona (SP)

Prof. Benno Brinkhaus, European Society of Integrative Medicine Charité-Universitätsmedizin, Berlin (DE)

Dr. Oscar Aguilera, Translational Oncology Unit of the Jiménez Díaz Foundation, Madrid (SP)

Dr. Sergio Abanades, Medical specialist in Clinical Pharmacology, Director and founder of the Institute of Integrative and Conscious Health-ISIC, Barcelona (SP)

Prof. Miquel Porta, Hospital del Mar Research Institute. Universidad Autónoma de Barcelona. University of North Carolina, Barcelona (SP)

Prof. Pilar Muñoz Calero, Madrid (SP)

Prof. Josep M^a Comelles, Medical Anthropology Research Center, Universitat Rovira i Virgili, Tarragona (SP)

Dr. Lola de la Puerta, Integrative Medicine and anti-aging health, Madrid, (SP)

Dr. Nicolás Olea, Institute of Biosanitary Research. Universidad de Granada, Granada (SP)

Dr. Pol de Saedeleer, President of the European Commission ILADS. Director of the board of ILADEF

Dr. Tomás Alvaro, CIBERONC, Madrid (SP). Hospital Verge de la Cinta, Tortosa, Tarragona (SP)

Dr. Javier Espinosa, Medical Oncology Service of the General Hospital of Ciudad Real, Ciudad Real (SP)

Dr. Javier Mata, Head of Section in the Department of Anesthesiology and Pain Clinic of the University Hospital San Llätzer. Pain research group. Neuroscience Group (IdiSBa), Illes Balears (SP)

Clinical care

Dr. Sergio Mejía, President. Cardiology in Hospital St. Bernard's of Gibraltar (SP)

Prof. Thora J. Gunnarssdóthir, Faculty of Nursing, University of Iceland (IS)

Dr. Alejandra Menassa, Integrative Medicine Clinic, Madrid (SP)

Dr. Natalia Eres, Institute of Holistic Health, Medicine and Oncology imohe, Barcelona-Lérida (SP)

Dr. Jorge Vas, Pain treatment unit, Dos Hermanas, Sevilla (SP)

Education

- Prof. Mary Jo Kreitzer**, University of Minnesota, Minneapolis, MN (US)
Prof. Arturo O'Byrne, Integrative Medicine, Universidad Javeriana, Cali (CO)
Prof. Neus Esmel, Faculty of nursing, URV. Centro Esmel Terapias, Tarragona (SP)
Prof. María Jiménez-Herrera, Faculty of nursing, URV, Tarragona (SP)
Prof. Jordi A. Jauset, Professor and university researcher. Scientific disseminator of the effects of music on health and education, Barcelona (SP)
Prof. Josep M^a Comelles, Medical Anthropology Research Center, Universitat Rovira i Virgili, Tarragona (SP)
Prof. Carmen Salgado, Technical director of "Herbarum Natura", Madrid (SP)
Prof. Thora Gunnarsdóttir, Faculty of Nursing, University of Iceland (IS)

Integrative Medicine and Traditional medical systems

- Prof. Elio Rossi**, Chair. Director of the Coordination Center for Complementary Medicine of Health Unit Tuscany North west. Listened as expert on AIDS and homeopathic therapy, Tuscany (IT)
Prof. Benno Binkhaus, European Society of Integrative Medicine Charité-Universitätsmedizin, Berlin (DE)
Dr. Isabel Giralt, Vice President SESMI, Acupuncture and Natural Medicine Clinic ENERGIMED. Health Acupuncture Unit, Dexeus University Women's Clinic, Barcelona (SP)
Dr. Gualberto Díaz, Homeopathic doctor and integrative oncologist in Medical Centers Conde Orgaz y Pinar. Editorial Advisor and Technical Advisor, Madrid (SP)
Dr. Luís Hortal, Family Doctor, Gandhi Health Center. Homeopath, Madrid (SP)
Dr. Jorge Vas, Pain treatment unit, Dos Hermanas, Sevilla (SP)
Prof. Mike Cummings, Medical Director of the British Medical Acupuncture Society (BMAS) (UK)
Prof. Harsha Gramminger, M.B. European Ayurveda association. Founder of ayurveda made in Europe, Colonia (DE)
Prof. Juan C de la Rosa, Department of Pharmacology, Pediatrics and Radiology of the Universidad de Sevilla. President (AESMI), Sevilla (SP)

Biological practices

- Prof. Salvador Cañigueral**, Chair. Faculty of Pharmacy of the UB, Barcelona (SP)
Prof. Pol de Saedeleer, Chairman of the European ILADS Committee (BG)
Dr. Alegria Montoro, Radiological protection service. Hospital Universitario la Fe, Valencia (SP)
Prof. Carmen Salgado, Technical director "Herbarum Natura". Madrid (SP)
Dr. Juan Serrano, Technician- Executive of Biological projects (SP)
Dr. Lola de la Puerta, Integrative Medicine and anti-aging health, Madrid (SP)
Prof. Bernat Vanaclocha, Cita publicaciones y documentación SL, Valencia (SP)
Dr. Carmen Navarro, Medical Director of the GAIA Clinic. Specialized consultation in Environmental Medicine, (Madrid/ES)

Complementary and integrative health

- Dra. Cristina Abadía**, President of the Integrative Health Committee, Consorci Sanitari de Terrassa (SP)
Prof. Mary Jo Kreitzer, University of Minnesota, Health Center Academic, Minneapolis, MN (US)
Prof. Phillippe Villeneuve, Université de Bourgogne Paris (FR)
Prof. Neus Esmel, Faculty of nursing, URV. Centro Esmel Terapias, Tarragona (SP)
Dr. Mar Begara, UCI of HM Hospitals. Integrative Medicine Consultation, Madrid (SP)
Prof. David Vinyes, Institut de Teràpia Neural i Medicina Reguladora, Sabadell, Barcelona (SP)

Organizing committee

Ana Alesón Cabrerizo	Pili Justo Sales
Gilda Carvajal Rojas	Peña Martín Romero
Beatriz Daza Molina	Laia Masllorens
Margarita de Legorburu Bella	Rocio Ripoll Vázquez
Neus Esmel Esmel	

Advisor scientific committee

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Prof. Susana Monserrat, Loughborough University (UK)
Prof. Montserrat Edo, Escola Universitaria Gimbernat (UB), Barcelona (SP)
Prof. Lina Masana, University Sheffield (UK)
Dr. Cristina Sánchez, Hospital de Fuenlabrada, Madrid (SP)
Prof. Margaret Hanser San Francisco University, California (USA)

1st International Education and Integrative Health Symposium (Tarragona)

Nursing Faculty, Universitat Rovira i Virgili, Tarragona

Tarragona - 12 September 2019

Program



FACULTAT D'INFERMERIA
Universitat Rovira i Virgili

Welcome

Dear colleagues,

We present you the European Integrative Medicine Congress that will take place in Barcelona from 12 – 15 September 2019.

This will be the XII European Congress of the European Society of Integrative Medicine and the II of the Spanish Society of Health and Integrative Medicine. In addition, we will have the collaboration of the British Medical Acupuncture Society and ties will be strengthened with the Japanese Society of Integrative Medicine.

This congress, which will take place in the very convenient and well connected Hotel Barceló Sants, will focus its main themes around Research, Clinical Assistance, Education, Integrative Medicine and Traditional Medicine and Biological and Complementary Practices among others, counting with professionals of the different disciplines.

On Thursday September 12 and in co-organization with the Faculty of Nursing of the URV of Tarragona and within the framework of this congress, the First International Symposium on Education and Integrative Health will be held in this city. This Symposium wants to be a forum for the exchange of knowledge and experiences among members of the educational community of different countries, in the search for dialogue, to help us find guidelines for an integrative educational framework. For this reason, the IV Plenary Session on Education will be celebrated in Tarragona.

Tarragona is a world heritage city that has a great Roman legacy. Located about 80 km south of Barcelona and by the Mediterranean sea, it is a meeting point between cultures.

For attendees wishing to participate at this Symposium, we have organized a bus trip from Barcelona. At the end of the Symposium, we will visit the old town of Tarragona in a walking tour for its most emblematic places full of history. At dusk we will enjoy a delicious meal with music and then we will drive back to Barcelona.

Already in Barcelona during the morning session on Friday, different workshops will be offered in order to provide participants with practical teaching.

In addition to the plenary room, we also have 5 more rooms, two of them for the oral communications, ready to receive brilliant national and international speakers who investigate and treat in the fields of Integrative Medicine. There will also be space for the presentation of posters. Some space will be reserved for commercial companies related to Integrative Medicine, whose support we thank as it helps to make this meeting possible.

During the opening of our meeting, the Heel 2019 prize will be awarded to the best Integrative Medicine article of the previous year. On Sunday, at the end of the congress we will

present the winners for The Tulip Award Complementary Therapies in Medicine Early Career Research Award 2018 and The ERAIM Award European Journal of Integrative Medicine Early Researcher Award for Integrative Medicine 2018. The prizes for the best Congress Oral Communications and Posters will be awarded in the closing ceremony, as well.

A gala dinner with live rumba music will help us share and put the cheery icing on our Congress.

Our committees, both the organizer and the scientist, as well as our technical secretariat, are working intensively to make possible a top quality, scientific and unforgettable Congress for all.

Integrative Medicine is a meeting point between conventional medicine and that which represents and uses complementary and natural techniques, focusing the process on people and delving into their well-being and preventive practices.

Our congress wants to be a space for the study and deepening of Integrative Medicine among the professionals who practice it, both in Europe and around the world, and also a space for debate, a debate that includes users with their needs and demands for the current systems of health.

We are looking forward to meeting you in our temperate, beautiful and Mediterranean cities of Barcelona and Tarragona, and we kindly invite you, to present your communications and posters. Together we will work for a closer, friendlier and more social medicine.

TOGETHER IN INTEGRATIVE MEDICINE JUNTOS POR LA MEDICINA INTEGRATIVA



Dr. Isabel Giralt



Prof. Benno Brinkhaus



Dr. Alejandra Menasa



Prof. Neus Esmel

General Information

Venue

Hotel Barceló Sants

Plaça dels Països Catalans, s/n
08014 Barcelona , Catalonia
Spain
93 503 53 00
971928021 (24h)



<https://www.barcelo.com/es/>

Official language

English



Spanish



Conference Secretary

Activa Congressos
+34 933 238 573
ecim2019@activacongresos.com

PowerPoint Presentations

Please save your presentation on a USB stick and bring it to the conference.

You can load your presentation on the computers in the respective rooms. Please be present in the respective room one hour before the session begins.

Internet Access

Free Wi-Fi in all the hotel



Participant Registration

Regular Fee

Category	From 8th March to 30th April	From 1st May to 31th July	From August 1st
Professionals of science and health	420€	490€	550€
Members SESMI/ ESIM/ FESMEDI/ SENMO	380€	430€	480€
Students	190€	210€	215€

Information for Poster Presentations

Accepted posters can be viewed by the conference public in the poster exhibition area during the Guided Poster Session.

If your poster is assigned to this date...	You must hang it up between
Friday 13 September, 2019, 18:45-19:15	14:00-18:15, removal no later than 20:00
Saturday 14 September, 2019, 12:30-13:30	09:00-12:00, removal no later than 15:00
Saturday 14 September, 2019, 18:15-19:00	16:00-17:45, removal no later than 20:00

Posters that are not removed will be kept by staff until the end of that conference day, and will be disposed of after that.

The maximum poster size is 90cm wide x120cm high. Each poster will have a location on the display panel that can be identified with the corresponding number. The material for putting the poster up will be available in sufficient quantities in the designated place. No personal material for hanging up posters is allowed. Hang your poster up 30 minutes before the session begins and remove it after the session.

Please stand next to your poster during the guided poster presentation session you have been assigned to so you can give explanations and participate in discussions during this time. Every author has been allocated 5 min for presenting their poster and 2 min for discussion. Chairmen are asked to observe the presentation time strictly and we will encourage all chairmen to interrupt the presentation when the time is over.

Awards

Awards will be given:

- **First, second and third prizes to the best oral presentation**
- **First, second and third prizes to the best poster**

To qualify for the prize it is essential that your work is original, and has not been published, or been given an award previously; however, these works can participate in the conference with the aim of disseminating the work.

Certificate of Attendance

You will receive your Certificate of Attendance via email after the conference.

Opening Hours for Participant Registration

- **Friday 13 September** **from 08:00 am**
- **Saturday 14 September** **from 08:00 am**
- **Sunday 15 September** **from 08:30 am**

Friday morning 13 september pre-congress workshop

SALON A Workshop 1		09:00 - 12:45	SALON B	SALON C	SALON D
09:00 - 12:00 Workshop Acupuncture. Moderates Giralt I (SP) 09:00 - 11:00 How different experts treat the same joint pain with acupuncture. Co-organized by SESMI /BMAS Brinkhaus B (DE), Cummings M (UK), Vas J (SP), Tegiacchi T (SP), Daza B (SP), Fernández A (SP) 11:15 - 12:00 Paediatrics and acupuncture, effective and painless. Martínez E (SP)		09:00 - 10:45	Workshop 2. Myths and facts about premenstrual syndrome. Technique by Dr. Lolás Talhami Lafaja J (Elche/SP), Menassa A (Madrid/SP)	Workshop 3. Presence in Stillness. Kiril Yurievich Yarjo (Vigo/SP)	Workshop 4. Gut microbiota and cancer, the importance of lifestyles: Designing a project. Sanchez C (Madrid/SP)
		11:00 - 12:45	WORKSHOP 5. Bienestar y salud a través de la voz y el sonido. Kistemaker J (Puntadecouso/SP)	WORKSHOP 6. Towards a guide to preventing exposure to endocrine disruptors. Olea N (Granada/SP)	WORKSHOP 7. Myofascial trigger points and laser therapy. Martín Romero P (Madrid/SP)
12:30 - 14:00 Lunch on own					
14:00 - 17:00		Plenary session I: Congress opening. Research. Chair: Giralt, I (Barcelona/SP), Brinkhaus, B (Berlin/DE)			
Main auditorium					
14:00		Musical opening: Jacomina Kistemaker (ND)			
14:10		Words of welcome from government and health authorities Willich S for ESIM (Berlin/DE) Menassa A for SESMI (Madrid/SP) Esmel N Scientific committee (Tarragona/SP) Tínao JF co-founder of SESMI (Madrid/SP) Giralt I congress chair (Barcelona/SP)			
14:25		Video greeting: Andrew Weil (Minneapolis, Minnesota/USA)			
14:30		Keynote 1 Brinkhaus B (Berlin/DE) Overall situation and future of Integrative Medicine in Germany			
14:45		Keynote 2 Kreitzer MJ (Minneapolis/Minnesota/USA) Current situation and research in integrative medicine in the US			
15:00		Keynote 3 Rossi E (Tuscany/IT) Integrative Medicine: the Italian situation			
15:15		Keynote 4 Prof Avni Sali (Melbourne/AU) Integrative Medicine in Australia: Research and evolution			
15:30		Keynote 5 Suzuki K (Japón) Present and future of Integrative Medicine in Japan			
15:45		Keynote 6 Gascón P (Barcelona/SP) Integrative Medicine: Current scientific progress in Spain			
16:15		Delivery of the ESIM / HEEL 2019 prize to the best article of the year 2018			
16:30 - 17:00		Coffee Break			
17:00-18:30		DISCUSSION on Environmental health: healthy spaces and homes. Chemical contamination. Chair: Abanades S (Barcelona/SP)			
17:00		Environmental oncology: A forward-looking approach in the prevention and treatment of cancer. Eres N (Barcelona/SP)			
17:20		Do you live in a healthy space? León P (Barcelona/SP)			
17:40		Environmental toxins as triggers of multiple pathologies. Muñoz-Calero P (Madrid/SP)			
18:00		Resilient and healthy cities. Santana C (Barcelona/SP)			
18:20		Human exposure to endocrine disruptors and the consequences for health. Olea N (Granada/SP)			
18:45 - 19:15		GUIDED POSTER SESSION			
19:15		Welcome reception at the Congress venue			
19:45		ESIM Annual Meeting			

Saturday morning 14 September

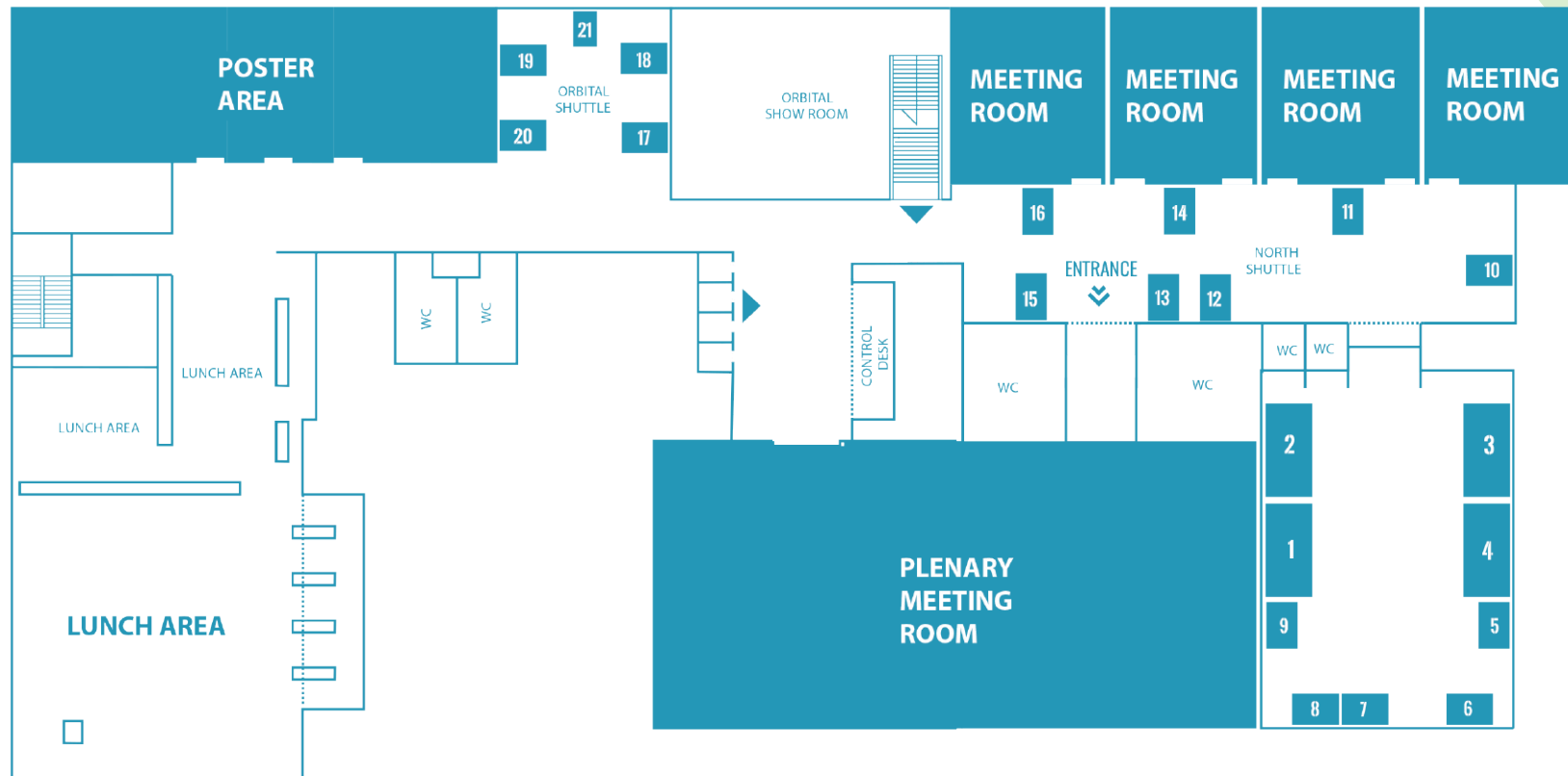
08:30 – 10:00		Plenary Session II: Main auditorium. Clinical care. Chair: Aleson A (Barcelona/SP)			Salon A	Salon B
8:30	Integrating acupuncture techniques into the treatment of COPD. Fernández C (Barcelona/SP)				7:00 - 8:00 CHI KONG: García D (Madrid/SP)	7:00 - 8:00 Heart Coherence and Meditation: Pellicer MJ (Barcelona/SP)
8:45	Aromatherapy for pain management and anxiety during the first stages of labour in a public Spanish hospital. La Rosa C (Tarragona/SP)					
9:00	Cultivating wellbeing in our lives and organizations. Kreitzer MJ (Minneapolis/Minnesota/USA)					
9:15	Ayurveda to prevent, control and cure chronic diseases. Gramminger H (Colonia/DE)					
9:30	Integrative Medicine in a Spanish public hospital. Abadía C (Barcelona/SP)					
9:45	Conclusions. Aleson A (Barcelona/SP)					
9:55	Presentation 13th ECIM 2020					
10:00 -10:30		Coffee Break and Exhibition				
10:30	Main auditorium	Salon A	Salon B	Salon C	Salon D / E	
10:30	KEYNOTE: Vitamin C and cancer: Towards an integrative pathway of molecular research and clinical practice. Aguilera O (Madrid/SP)	KEYNOTE: Ozonotherapy: New biological effects. Crespo de la Rosa JC (Sevilla/SP)	KEYNOTE: Atypical risk factors in cardiovascular disease: early detection is not prevention. Mejía S (Málaga/SP)	ROUND TABLE: Woman and integrative health. Chair: Esteve E (Barcelona/SP)	Oral abstract presentations	
10:55	Questions and remarks	Questions and remarks	Questions and remarks	10:30 Integrative approach to premenstrual syndrome. Menassa A (Madrid/SP)	Oral abstract presentations	
11:00 - 12:30 Plenary Session III: Integrative Medicine and Traditional Medicine. Chair: Benno Brinkhaus (Berlin/DE)		DISCUSSION PANEL. Current and future perspectives of IM for children. Chair: Ripoll R (Barcelona/SP)	SYMPOSIUM. Treating stress, anxiety and chronic pain with Integrative Medicine. Chair: Daza B (Madrid/SP)	10:45 Fertility and acupuncture. Carvajal G (Barcelona/SP) and Giralt I (Barcelona/SP)	Oral abstract presentations	
11:00	History, evolution and topics of Ayurvedic medicine in Russia. Ragozin B (Moscow/RU)	Immunity or the importance of the first thousand days of life. Begara M (Madrid/SP)	Neural Therapy, Vegetative Nervous System and Fascia: broad-spectrum regulatory therapy. Vinyes D (Barcelona/SP)	11:00 Reflexology and assisted reproduction. Vives C (Tarragona/SP)	Oral abstract presentations	
11:20	The Future of Comprehensive Patient Care. Thangavelu M (Cambridge/GB)	Respiratory track illnesses: Can we decrease the use of antibiotics?. Cordón A (Barcelona/SP)		11:15 Micronutrients and their effect on fertility. Salgado C (Madrid/SP)	Oral abstract presentations	
11:40	Integrative oncology: European and international perspectives. Rossi E (Tuscany/IT)	What can reflexology do for children with cancer?. Carrasco B (Barcelona/SP)		Integrative odontology: the mouth's impact on bioregulation. López M (Girona/SP)	11:30 After obstetric violence: The integration of the agency. Brigidi S (Girona/SP)	Oral abstract presentations
12:00	Vitamin C from micro to macro essential nutrient: Changing the paradigm. O'byrne A (Calif/CO)	Biological Treatments for Autism and PDD. Shaw W (Georgia/USA)	Ozonotherapy. Schwartz A (Madrid/SP)	11:45 Non-conventional therapies in women with breast cancer and their relation with conventional therapies. Santoro V (Barcelona/SP)	Oral abstract presentations	
12:20	Questions and remarks	Questions and remarks	Questions and remarks	Discussion		
12:30 - 13:30 · GUIDED POSTER SESSION						
13:30-14:30 · Lunch Break. Hotel		13:30-15:00 lunch SESMI General Meeting				

Saturday evening 14 September

15:00 – 16:30 Main Auditorium: ROUND TABLE. Advances and care in integrative oncology. Chair: Montoro A (Valencia/SP)		Salon A Integrative experiences in the elderly. Educational needs in IM. Ethical issues.	Salon B SYMPOSIUM. Homeopathy: research and current status. Chair: Díaz C (Madrid/ES)	Salon C y D
15:00	Scientific evidence from meta-analysis and systematic reviews of complementary therapies in oncology. Abanades S (Barcelona/SP)	Complementary Therapies in Iceland nursing homes. Gunnarsdóttir TJ (Reikiavic/IS)	20 years of integration of homeopathy in the Public Health System of the Region of Tuscany and the experience of the Homeopathic Clinic of the Hospital of Lucca (Italy). Rossi E (Tuscany/IT) Research lines in homeopathy: where do we come from and where are we going?. Díaz G (Madrid/SP) Current situation and practice of homeopathy in oncologic supportive care in France. Dr Sandrine Vinchon-Petit (Paris/FR)	Oral presentations
15:20	Comprehensive management of cancer patients. Espinosa J (Guadalajara/SP)	Educational needs in IM (Symposium Conclusions). Ricomà R (Tarragona/SP)		
15:40	Make Love Not War: An integral vision of cancer. Álvaro T (Tarragona/SP)	Ethical issues in IM. Jiménez-Herrera M (Tarragona/SP)		
16:00	How can we “integrate” an “Integrative Oncology” Division into a Hospital?. Gascón P (Barcelona/SP)	Ethics in IM Espinosa J (Ciudad Real/SP)		
16:20	Questions and remarks	Questions and remarks		
16:30 -17 :00		Coffee Break and Exhibition		
17:00 – 18:30 Plenary session V: Biological Practice. Resilience of the intestinal microbiota: Impact on health and disease. Chair: Mejía S (Málaga/ES)		Salon A. ROUND TABLE. Acupuncture techniques in pain management. Chair: Giralte I (Barcelona/SP)	Salon B. Phytotherapy. Antiaging. Cell lines.	Salon C Chair Abanades S (Barcelona/ES)
17:00	Controversy around the use of oral and tropical radioprotectors in medical treatment using ionizing radiation: from basic research to clinical practice. Montoro A Valencia (SP)	Use of acupuncture in a pain unit. A review of over 10 years of practice. Mata J (Illes Balears/SP)	Phytotherapy: relevance of quality on safety and efficacy. Cañigueral S. (Barcelona/SP)	The importance of anamnesis in Lyme Disease and coinfections: fundamental aspects and challenges that we face. Navarro C (Madrid/SP) Lyme as a multi-systemic disease. Setting up a complete functional Lyme protocol. De Sedeleer P (BG) Modern testing for Lyme and coinfections. Dr. Schwarbach A (Augsburg/DE)
17:20	The efficacy of micro-immunotherapy as a low-dose therapy. Rigau J (Tarragona/SP)	Auriculopuncture: Treatment of lumbar and pelvic pain in pregnant women. Vas J (Sevilla/SP)	Immediate survival versus healthy longevity. Salgado C (Madrid/SP)	
17:40	Microbiota and the immune system. De la Puerta L (Madrid/SP)	Research into atopic dermatitis and allergic rhinitis. Brinkhaus B (Berlín / DE)	New perspectives in the use of Omega-3 in cancer treatment; membrane remodelling and inflammation resolution. Domingo JC (Barcelona/SP)	
18:00	Toxic chemicals and their effects on health. Shaw W (Georgia/USA)	A new research direction from the Asia. Cummings M (Berlín/DE)	Questions and remarks	
18:20	Questions and remarks	Questions and remarks	Questions and remarks	
18:30–19:15		GUIDED POSTER SESSION		
21:00		SOCIAL EVENING		
SOCIAL EVENING. CONGRESS DINNER. Restaurant Patrón, Barcelona				

Sunday morning 15 September

08:45 – 10:30 Main auditorium: Plenari session VI Complementary Therapies and Integrative Medicine: The essence of globality. <i>Chair: Masllorens L (Barcelona/SP)</i>		Salon A 07:15 - 08:15 Dynamic meditation of the hearth chakra. Rodríguez P (Alicante/SP).	Salon B 07:15 - 08:15 Awakening of body and soul. Soler C (Barcelona/SP)	Sala C
08:45	Spirit level in osteopathic practice. Kiril Yurievich Yarjo (Vigo/SP)	ROUND TABLE. New strategies in IM.	9:30 a 11- MASTERCLASS. How to publish research papers EUJIM. Kemper K, Robinson N, Prada, V	Oral Presentations
09:00	The potential and influence of music on health. Jauset JA (Barcelona/SP)	9:30 - Influences of medicinal mushrooms on immune system functioning: how they can help us. Pellicer C (Barcelona/SP)		
09:15	Comprehensive approach to health through holistic kinesiology. Amezága MA (Roquetes, Tarragona/SP)	9:50 - HORMESIS: Strategic interventions for restoring the stress axis. De la Serna D (Madrid/SP).		
09:30	Sound and the voice in IM. Kistemaker J (NL)	10:10 - Inflammation NOT resolved: the background of chronic degenerative pathology. O'Byrne A (Cali/CO)		
09:45	Effects of Chi Kong on health. Garcia D (Madrid/ES)	10:30 - Neuroinflammation: Anxiety, stress and chronic pain. Verdaguer X (Barcelona/SP)		
10:00	Reiki as a Complementary Therapy. Fernández- Cervilla AB (Barcelona/SP)			
10:15	Questions and remarks			
10:30-11:00	MEDICAL GEOLOGY. Contributions / perspectives from Medical Geology. Gimenez-Forcada E (Castellón/ SP)			
11:00 - 11:30	Coffee Break and exhibition			
	11:30- 12:30 The future in Integrative Health			
11:30	Art in the hospital of the future. Willich SF (Berlín/DE)	11:30 a 12:30 Ayurveda symposium. Gramminger H (Colonia/DE), Ragozin B (Moscow/RU) y Thangavelu M (Cambridge/GB)	Salon B 11:30 a 12:30 Posturology in Integrative health. Contribution of Posturology in the treatment of chronic rachialgias. Villeneuve P (París/FR)	
11:50	New health demands: Users' reasons.			
12:20	Questions and remarks			
12:30	Presentation by the Observatory of Integrative Medicine			
12:35	Act of collaboration between SESMI and the Japanese Society of Integrative Medicine			
12:45	INTERACTIVE DISCUSSION. Contribution of IM to the Health System from the point of view of Efficiency. Mugarra I (Pamplona/SP)			
13:45	Award ceremony for the best communications and posters			
13:50	Award ceremony "The Tulip Award, Early Researcher Award for Integrative Medicine 2018. The ERAIM Award. European Journal of Integrative Medicine Early Researcher Award for Integrative Medicine 2018			
14:00	Closing Ceremony			



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